

NWPHub membership £50 IND £100 FAMILY 12 Mon/P. You must be a member to train in these sessions. Taster sessions are for non-members

Last updated 10/12/2023

NorthWest Pentathlon Hub Training & Competitions 2024 Season

payment blocks	Day	Time	Location	Other notes		
BLOCK 1 - Laser run & OCR training 9 WEEKS (SUBS £24 IND, £48 FAMILY) plus comp entry discount	January					
	1	06	Saturday	11-12:30	Crossfit VitaRay BB4 6LB	
	2	13	Saturday	11-12:30	Crossfit VitaRay BB4 6LB	
	3	20	Saturday	10am registration	Edge Hill University	North Schools Biathlon Qualifier
	3	27	Saturday	11-12:30	Crossfit VitaRay BB4 6LB	
	February					
	4	03	Saturday	11-12:30	Crossfit VitaRay BB4 6LB	
	5	10	Saturday	11-12:30	Crossfit VitaRay BB4 6LB	
	6	11	Sunday	13:00 - 16:00	NWP Hub Race 2 LASER RUN + PARA	Ribblesdale Pool, Tennis Center, BB7 3LA. All abilities, warm up event Open to all.
	7	17	Saturday	11-12:30	Crossfit VitaRay BB4 6LB	
7	24	Saturday	11-12:30	Crossfit VitaRay BB4 6LB	WELSH SCHOOLS BIATHLON	
March						
8	02	Saturday	11-12:30	Crossfit VitaRay BB4 6LB		
8	10	Sunday	13:00 - 19:00	NWP Hub Race 3 - NORTH FESTIVAL OF SPORT LASER RUN / TRIATHLON / OCR	NORTH FESTIVAL OF SPORT LASER RUN / TRIATHLON / OCR	
9	17	Saturday	11-12:30	Crossfit VitaRay BB4 6LB	LASER RUN WORLD QUALIFIERS LEWESTON SCHOOL	
BLOCK 2 - Pool Biathlon / Laser Run 10 WEEKS (SUBS £25 IND, £50 FAMILY) plus comp entry discount	1	24	Sunday	4:30 - 7pm	Ribblesdale Pool, Tennis Center, BB7 3LA	Laser Run OCR Biathlon
	2	31	Sunday	8 - 9:30am	Palatine Pool - Biathlon taster event for Euro Qu	Biathlon session
	April					
	3	07	Sunday	4:30 - 7pm	Ribblesdale Pool, Tennis Center, BB7 3LA	
	3	14	Sunday	10:00-15:00	NWP Hub Race 4 BIATHLE - EUROPEAN QUALIFIERS	Palatine Pool and cycle track, Blackpool - Biathlon pool swim
	4	21	Sunday	16:30-19:00	Ribblesdale Pool, Tennis Center, BB7 3LA	
	5	27	Saturday	7:00 - 10:00	Ribblesdale Pool, Tennis Center, BB7 3LA	LASER RUN & TRIATHLE EURO QU LEWESTON SCHOOL 28/04
	May					
	6	05	Sunday			Biathlon of the Roses Ashville College, Harrogate. (no training)
	7	11	Saturday	7:00 - 10:00	Ribblesdale Pool, Tennis Center, BB7 3LA	
8	19	Sunday	16:30-19:00	Ribblesdale Pool, Tennis Center, BB7 3LA		
9	25	Saturday	7:00 - 10:00	Ribblesdale Pool, Tennis Center, BB7 3LA		
June						
10	02	Sunday	16:30-19:00	Ribblesdale Pool, Tennis Center, BB7 3LA		
BLOCK 3 - OW & pool Biathlon / laser run 8 WEEKS (SUBS £22 IND, £44 FAMILY)	1	09	Sunday	07:30 - 9:00	Delph Watersport Centre, Halfpenny Lane, Heskin, PR7 5PR	
	2	16	Sunday	16:30-19:00	Ribblesdale Pool, Tennis Center, BB7 3LA	North West Hub Race 5 Venue TBC and details TBC
	3	23	Sunday	07:30 - 9:00	Delph Watersport Centre, Halfpenny Lane, Heskin, PR7 5PR	TRIATHLE EURO QU
	4	30	Sunday	16:30-19:00	Ribblesdale Pool, Tennis Center, BB7 3LA	
	July					
	5	07	Sunday	07:30 - 9:00	Delph Watersport Centre, Halfpenny Lane, Heskin, PR7 5PR	EUROPEANS MADERIA
	6	14	Sunday	16:30-19:00	Ribblesdale Pool, Tennis Center, BB7 3LA	
	7	21	NO TRAINING	07:30 - 9:00		BATH
	7	28	Sunday	07:30 - 9:00	Delph Watersport Centre, Halfpenny Lane, Heskin, PR7 5PR	
	August					
8	04			NO TRAINING	BIATHLE WORLD QUALIFIERS HOLMES PIERREPOINT - HUB CAMPING CAMP SAT - MON TBC	
BLOCK 4 - Pool Biathlon / Laser Run 11 WEEKS (SUBS £28 IND, £56 FAMILY)	1	10	Saturday	7:00 - 10:00	Ribblesdale Pool, Tennis Center, BB7 3LA	
	2	18	Sunday	16:30-19:00	Ribblesdale Pool, Tennis Center, BB7 3LA	
	3	24	Saturday	7:00 - 10:00	Ribblesdale Pool, Tennis Center, BB7 3LA	
	September					
	4	01	Sunday	16:30-19:00	Ribblesdale Pool, Tennis Center, BB7 3LA	
	5	07	Saturday	7:00 - 10:00	Ribblesdale Pool, Tennis Center, BB7 3LA	
	6	15	Sunday	16:30-19:00	Ribblesdale Pool, Tennis Center, BB7 3LA	NATIONAL LASER RUN & OCR, BATH
	7	21	Saturday	7:00 - 10:00	Ribblesdale Pool, Tennis Center, BB7 3LA	
	8	29	Sunday	16:30-19:00	Ribblesdale Pool, Tennis Center, BB7 3LA	North West Hub Race 6 Venue TBC and details TBC
	October					
9	05	Saturday	7:00 - 10:00	Ribblesdale Pool, Tennis Center, BB7 3LA		
10	13	Sunday	16:30-19:00	Ribblesdale Pool, Tennis Center, BB7 3LA		
11	19	Saturday	7:00 - 10:00	Ribblesdale Pool, Tennis Center, BB7 3LA	NORTHERN SCHOOLS BIATHLON QU 2025 TBC? HUB PRESENTATION BREAKFAST SAT 19TH	

TASTER EVENTS REGIONAL

Discount codes will be available to all Hub Series Races for full paying sub block members
 There will be a presentation meal breakfast preceding the final NWP Hub event in Clitheroe NWP Hub awards for the season for athletes, coaches and volunteers