

NORTH WEST PENTATHLON HUB 2025 SEASON



Here are our Hub's main aims of operation and activation...

1. To promote participation in the Modern Pentathlon sport and all of its sub components within the North West Region under the governing body of Pentathlon GB.
2. To increase public awareness of Modern Pentathlon disciplines.
3. To be responsible for organising competitions in our local area.
4. To be able to facilitate (if funds allow) qualifying events for National Championships in sub-components of modern pentathlon.
5. To provide a suitable environment for training and competitions.
6. To produce an Annual Calendar of activities being held for the North West region facilitated by the North West Pentathlon Hub.
7. To be a platform to direct people to certified discipline specific clubs and relative organisations within the North West.

Come join us for 2025!

Annual North West Pentathlon Hub membership subscription runs January to end of December 2025. Individual membership costs £50 and Family membership costs £100 (cap of 4 people). It is expected that members will represent the Hub at least ONE event in the PGB season. Training we will cover of the year includes swimming technique in a pool and open water, Biathlon, Triathlon, laser shooting, LaserRun, Obstacle course ninja training, strength and conditioning and epee fencing. Training works on 2 hours a week alternating Saturday and Sundays plus additional training days, camps and competitions.

Hub Members benefits

- accessing the block training or the 10 session pass,
- discount on training days (£10 off)
- 15% off Hub hosted competition entry fees
- Check ins at our 'Coach Evening' for individual goal setting over the season with our coaches.

Alternatively, to booking on in the three 'Blocks' we are offering a 10 Session Pass individuals at £80 for people signed up as Hub Members, book via Heja. Booking on if you're a member for weekly training we will be using the App 'Heja' to confirm your session attendance. This helps our coaches plan more athlete bespoke sessions. Please book on as soon as possible.

Training days are open to members (at discount rate £15 book via Heja) and non-members at £25 a day. These are open to all abilities. Non-members should book their place through this email nicola.robinson@pentathlongb.org. Limited to 25 attendees.

- Sunday 16th March 10am - 4pm Biathle/ LaserRun / Obstacle, Accrington Academy/ Eleven Gym.
- Sunday 6th April 10am - 4pm Biathle/ LaserRun / Fence, Accrington Academy.
- Sunday 20th July time TBC, Biathle Open Water, location TBC
- Sunday 16th November 10am - 4pm Biathle/ LaserRun / Fence, Accrington Academy / Eleven Gym

Our competitions - Hub members will have access to a 15% discount code on all Hub hosted races these are outlined below and can be entered via the [Sport:80 portal](#). Our competitions are open to all abilities and ages 7 years plus.

- Saturday 29th March - North West Pentathlon Hub - Pentathlon OR LaserRun, Liverpool.
- Wednesday 16-23rd April - North West Pentathlon Hub - Training Camp, Lanzarote (FULL).
- Sunday 8th June - North West Pentathlon Hub - North West Schools LaserRun Qualifier, Accrington.
- Saturday 12th July, National Schools LaserRun Championship and Open ErgShoot, Liverpool
- Sunday 13th July, World LaserRun Qualifiers Open and Para, Liverpool.
- Sunday 14th September, Biathle of the Roses, Fleetwood.

Connect with us - We have

Whats App Community Group (please ask to join),

Facebook - NWBiathleHub,

Instagram - NWPentaHub,

Website - <https://nwpentathlonhub.co.uk/>

Want to join us in volunteering?

We are always actively looking for people to join our North West Pentathlon Hub Committee of volunteers. Whether it's a committee member, coach, assistant coach, time keeper or marshal we would love to grow our team.

If your interested in being involved with our volunteering community please contact Katie on nwpentathlonmembership@gmail.com